

Adams-Harris Pattern Company

Medium Pressing Stick 2.25 Inches

Yardage and Notions:

Yardage: For Padding- ¼-yard polar fleece.
For the Cover- ¼-yard dress or skirt weight taffeta.

Notions:

1 wooden dowel about 3/8-inch in diameter and about 12-14-inches long
Matching thread
Tacky quick drying fabric glue
Fabric tape measure

Note:

This will make the medium size pressing stick which I find most useful. After making this one you can easily see how to alter the pattern and such as to make other sizes as you need them.

I bought the dowels at a home center, in a 36-inch length and cut them at the store. I bought different sizes, and used a ½-inch dowel for my largest Pressing Stick.

I used muslin on my first sticks, but recovered them because the muslin wasn't as easy to slide through the sleeve and pant openings. Satin was too hard to work with so I ended up using a taffeta.

Pressing Stick:

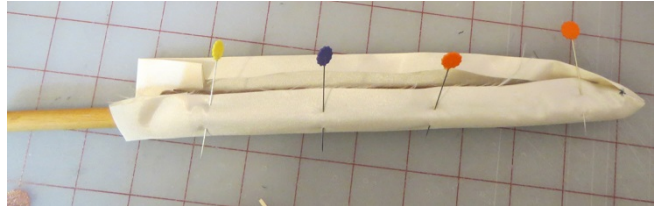
1. Cut out your pattern and glue or tape the top piece over the bottom piece.
2. Cut your dowel to length if you haven't already. I believe my dowel is 13-inches on this size.
3. Lay your dowel on the patten with the top at the stitching line, and mark the dowel at the fold for the hem line.
4. Cut you polar fleece the length you just measured on your dowel (this will be cross grain) and then glue on edge of the fleece to the dowel. Let it dry for a few minutes and then start rolling the fleece around the dowel. Keep it tight as you can. After the first roll you can pin the fleece.
5. Using the tape measure, keep measuring around the dowel and padding until you have about 2.50 inches circumference. The fleece is puffy and will crush down as you sew the cover on to the dowel. Trim the excess fleece off.
6. Stitch the fleece to itself along the length of the dowel as pictured above. Note the pressing of the cover in the photo as well. The white object on the cover is a weight.



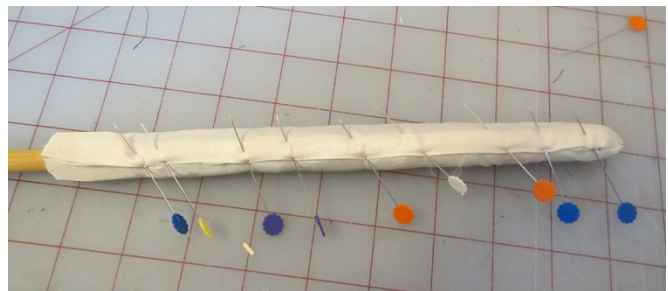
7. Cut out the cover and mark the dots and then match them with right sides together and sew the top end of the cover. Trim the seam allowance to 1/8-inch.
8. Fold one side of the cover back from the dot mark to the notch at the bottom and press, wrong sides together.
9. Fold the bottom of the cover up with wrong sides together at the notches and press.
10. Turn the cover right side out.
11. Put the cover over your padded dowel, pulling down tight on the top.



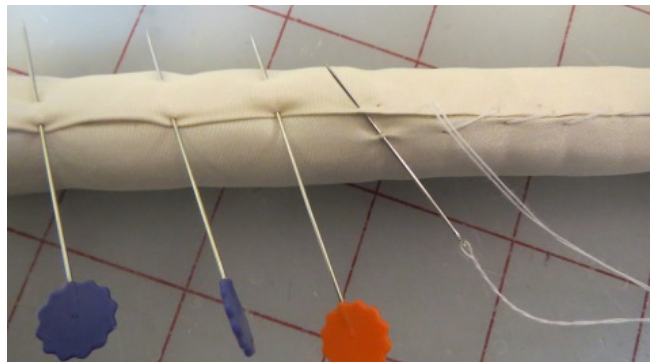
12. Pin the unfolded side to the padding.
13. Tuck the end of the cover into the top and then pin the folded side of the cover over the side you just pinned to the dowel.



14. Start stitching from the top, hiding the knotted end of the thread in the fold.



15. Pull the stitching tight as you work.



16. When you reach the bottom stitch into the padding a few times and then wrap the thread around the dowel just below the padding. Finish by taking some more stitches into the padding.

17. Finished dowel pressing stick below. My stick is 2.25 in circumference finished like this.

